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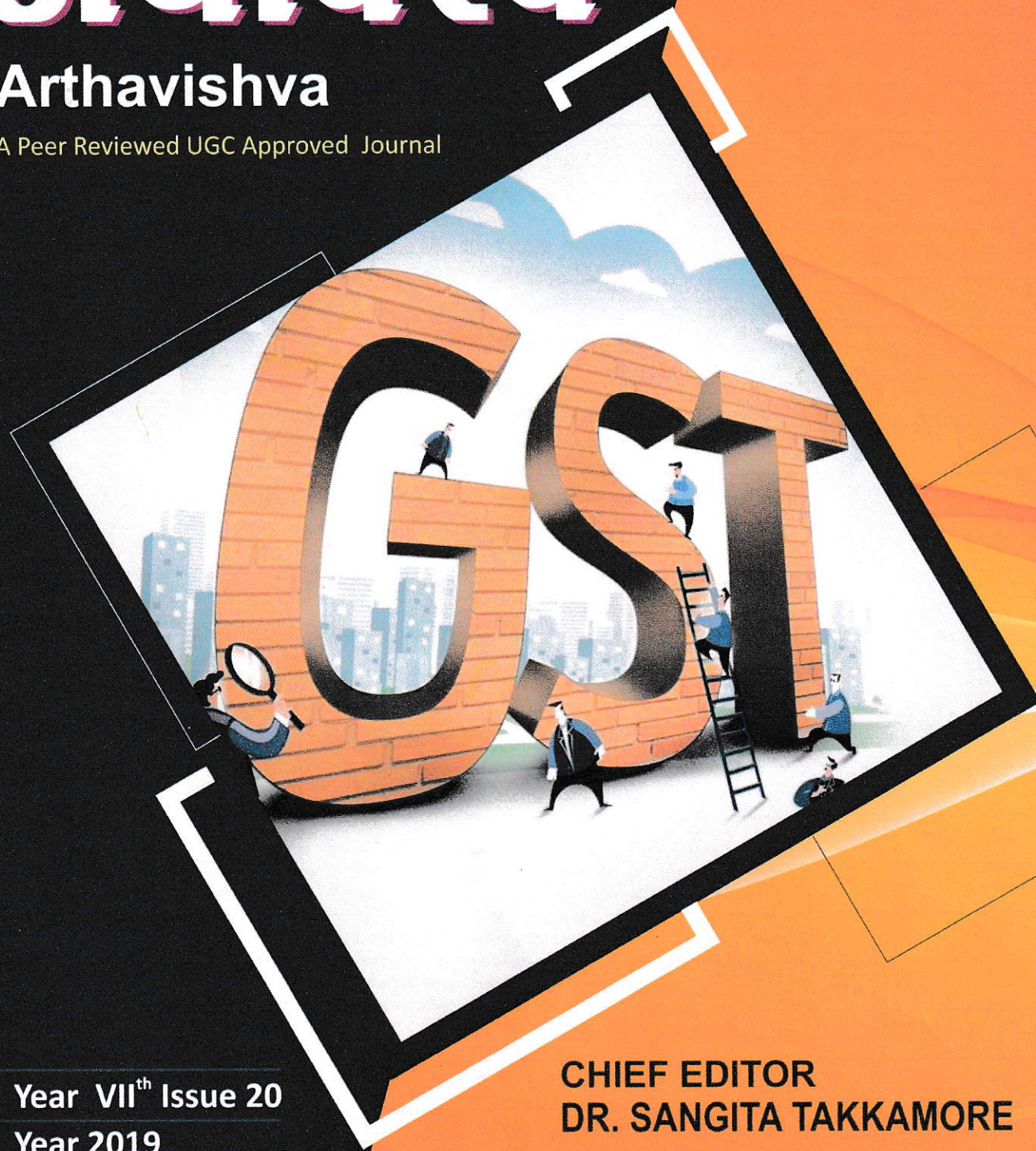


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Problems, Causes and Remedies of the Elderly

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Abstract:

This paper shows that the status of old age persons in India. As per the Indian Tradition families were protect and support to elderly but the condition is changed and now elderly get unsecure in their own families and from their children. Many of our elderly population are forgotten about disregarded. One day we will all be where they are. In this how will want to be treated. Our elderly deserve to be honored and respected. The research has been directed through the secondary data. The researcher used case study technique of qualitative research methods for analysis. Its conclude that reasons behind the elderly problems and researcher add solutions for aged problems.

Keywords: Elderly, Old Age, Case study, well-being, causes, remedies

Introduction:

India accepts the process of economic liberalization and this liberalization emerged capitalism, division of labor and accessibility of profitable opportunities. And that environment highlighted on market relationships than emotional ones. Presently, everyone wants to ultimate career so they can have a better lifestyle, leaving the earlier caste based familial professions as evidenced by the rapid growth of the professionals in the Indian job market. Simultaneously, the mobility of the people has increased to meet the growing areas of production and services sectors. Therefore, the traditional joint family system is fragmenting, resulting in the formation of nuclear families. On the other hand, double-income-no-kid (DINK) couples are increasingly observed in Indian societies. (Bhattacharya, 2005, 10)

The Elderly or the Senior Citizens are the persons who are above 60 years of age. Due to decreasing mortality rate in India, the population of Senior Citizens is increasing (Report, 2001, 10). Some of the Senior Citizens are healthy and fit. People who are of 80 years of age are found to be still working in movies, dramas, offices and other such arenas of life. However, many Senior Citizens are retired from their service and they suffer from various major and minor health issues. Many of them are not looked after properly by their families (Doron, 2010, 593). The materialistic nature of the society is getting it more and more alienated towards the problems of the Senior Citizens. (Thara, 2002, 5)

As per the tradition of India, old age people had occupied the position of power and prestige in the family. But nowadays they are becoming inactive, dependent, sick and weak

in terms of economically, physically and psychologically all these phenomena lead to several social economic problems. Because of technological advancement in field of health, education, medical facilities and very same and it due to other national schemes or programs for old age people, they're each decline in the death rate of old age people resulting in continuous incline in population of 60 years and above age people in India. (Mohammad, 2018,1)

Objectives:

- To study the problems of elderly persons.
- To find the causes behind the problems of elderly persons.

Hypothesis:

- Elderly persons have socio-economic and psychological problems.
- Different causes are emerging to problems of old age persons.

Research Methodology and data collection:

For this present study the researcher were used case study methods of the qualitative research. Researcher used purposively sampling for selection of five old age persons from the government old age home of Nanded District. The researcher has collected the data with the help of secondary methods. Like Book, Journals, Internet access, Reports, Articles, News, News Paper.

Data collection:

Case study- Mr. Balaji is 62 years old. They lived with his wife and two sons, two daughter-in-laws and their two grand daughters. He has retired person. After his retirement his both sons fighting with each

other on property and the caring of their parents. They were wanted to live separately and didn't want to adjust their parents with them because of the health problems. They're both sons and daughter-in-laws were abused them. So finally Mr. Balaji distributed their property and lived with his wife in old age home. He says, we give lot of love and care to our sons, give all they want, fulfill their all needs but we failed to give them knowledge of values.

Case Study-2 : Ms. Kantabai is a 68 years old. She is a widow. Her husband is died in 2017. Now she is lived in old age home. She has one son. He lived in Pune with his wife and children. Her son sent her money for daily needs but after some days he stopped to transfer money because of his money crisis. His wife doesn't want to live with mother in-law. Kantabai have no other support to live lonely in village. for daily needs she went to work in farm as a farm laborer. One day she injured by an accident. His son never wants to come and take care of her. So villagers admitted in hospital and doctor suggested her for old age home.

Case Study- 3 : Mr. Suresh is 70 years old. He lost her wife before 7 years. He was a farmer. but he gets older and could not work properly. His one son is lived in metro city. so he doesn't want take care of her father. He sent money. But he has no time to meet him. No relatives want to take care of Suresh. His son and daughter-in-law fought with him and finally as per the order of son he forcefully joined old age home. Due to that shocked he continuously lived in stress and faced psychological problems.

Case Study-4 : Mr. Narayani is 67 years old. Old women, from Nanded District, were living in the old age home from 10 years. She looked very cheerful and enthusiastic. She didn't have teeth but was very talkative. She came there on her own wish as she didn't have any other place to stay. After her marriage, her husband died within three years and she started to live with her sister and her family. Since she didn't have any children, her sister was the only support. But her sister's husband didn't like her staying in their home. So, in fear she left the house and came to stay in the old age home.

Case Study-5 : She has been living in the old age home since three months. She has 3 sons and 3 daughters. She ran away from her home and her children don't know about her whereabouts. She told that, she continuously abused by her daughter-in-laws, tortured by sons. So she lived in stressful environment. Nobody loved her. So finally she took a decision and leaved a home.

Data Analysis:

Old age person in old age home is in between 60-70 years of age. They all are lived in old age home for different reasons like capitalism, ignored by children, loneliness, less money, no any support, No relatives. Thinking of their previous life some of them getting depress. Some of them live happily in old age home with other members in that home. There is no respect and love for the elderly from the children

Remedies:

Give value education to the children from schooling for love and respect to old person and counseling to the children who left

their parents in old age home, government should provide financial support to elderly persons, and Free medical care, rehabilitation of old age people with better facilities. Conclusion: There are so many problems the aged are facing these days. They are Social, Psychological, Economical, and Medical, in nature. With the impact of the modernization among the young members of the community, the traditional norms and values have been affected. The attitude and behavior of the younger generation have also been changing. For those all aged people, governments should develop programme for improvement of elderly.

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